

SMA's First Eucharist at Home Preparation

In order to help students prepare for First Eucharist, the following assignments need to be completed at home. All 4 assignments will be **due on Friday, May 1st**. Each assignment is described in detail below. Please feel free to let me know if you have questions or concerns regarding any of the assignments. I am excited to journey with your students toward this sacred sacrament that lies at the heart of our Catholic faith.

Best,
Mrs. Nauss

1. First Communion Banners

- Students are to create a banner with their name and symbols for the sacrament (i.e.- a Chalice, the Host, a cross, etc.).
- 1 white felt banner will be provided for each student, and I have extra colored felt fabric if this is needed as well.
- These banners will hang in the church to mark students' rows for the actual sacrament of First Eucharist.
- Due Friday, May 1st at the latest, but the sooner the better for these. I'd love to decorate our classroom with them while we prepare for this wonderful sacrament! 😊

2. Discussion Questions

- Parents are asked to have conversations about the topics listed on the "Discussion Questions" sheet provided in this packet. This is an opportunity to discuss important topics regarding the Eucharist. I think they'll lead to fruitful discussions and learning for everyone involved!
- When you've discussed all of the questions with your student, please fill out the bottom portion of the second page, cut it off, and turn it in by Friday, May 1st.

3. Say "Hello!" Signatures Activity

- Students are asked to take the signature page (provided in this packet) with them to Mass each Sunday. After Mass, they are to say "Hello!" to the various people who serve in Mass (i.e.- a priest, a Eucharistic Minister, an usher, a choir member, etc.) and ask them to sign their signature page.
- This activity does not need to be completed at Mary, Star of the Sea parish, as I know many of you attend different parishes. Please just note at which parish you complete it.
- Additionally, if the Mass/parish you regularly attend does not have one of the ministries listed (i.e.- an usher or a deacon), you can just note that as well.
- This is also due on Friday, May 1st, so that leaves 7 Sunday Masses to complete it.

4. "What the Holy Eucharist Means to Me" Essay

- Towards the end of students' preparation, they are asked to write a short "essay" on what the Holy Eucharist means to them personally. The paper on which they're asked to write it is provided in this packet.
- This is a time for them to write why they are excited to receive First Eucharist, why it's important to them, etc. I can't wait to read these! I know they're going to be wonderful!
- I would suggest this being the last assignment students work on so they have the full knowledge of the sacrament before completing it. This is also due on Friday, May 1st.